

The student newspaper of IBSII Elementary School



**Open for Business:** Sixth grade boys patiently await customers. Photo credit: Nina Pao

### 2014 IBSH Flea Market

### By Katherine Li

It was a bright, cloudless day, in other words; really hot! Booths were set up, students shouted for their friends to come, and stopped at every booth within eyesight. Why were booths set up, selling things like second hand books, used toys, baked goods, and drinks? Why do we even have flea markets? There are several reasons for this peculiar behavior. The first reason is, we are doing all this for charity. For poor civilians in developing countries, suffering from all the things they need but cannot get, such as water, food, and shelter. Secondly, it is because that day was the school's 31st anniversary. It is almost like a day off for both students and teachers. Everybody wants to have a chance to distract themselves from work and just and relax. The smell of every-

one's cookies, plates of chips n salsa, and fried chicken was overpowering. Just like night markets, we sell a lot of things that are unique in our own ways. Yelling, pushing, and collecting are the three actions that could be spotted everywhere. First, yelling to grab everyone's attention. Next, pulling at unsuspecting innocents to buy your goods. Last, collecting money from the people who bought your products. As soon as the clock strikes 12, it is time to clean up! Everyone pitches in, picking up trash in the areas around their booth. When not even a speck of dust could be found anywhere, students asked a teacher to check it, and they called it a day. In conclusion, I think that IBSH should have flea markets every day, so students and teachers alike, can relax and do whatever they want to do...

### In Brief

### Humanities Fair Preview By Yun Jung Tseng

For IBSH students, not only is ithe Humanities Fair a chance to show the other grades your amazing English skills, but more about discovering Taiwan through cooperation with your classmates. This year, the fourth graders' themes are the different landforms of Taiwan. For fifth graders, tourism is involved. Sixth graders are researching the hazardous pollution problems our tiny island needs to watch out for. Last but not least, seventh graders bring up the rear, with Taiwanese culture as their topic.

### Computer on Wheels By Allison Ku

The COW also known as computer on wheels, is a cart transporting new ipads around the school. This new technology was bought to give students a better learning environment and a more advanced and technologied class. Now every class can can use this wonderful new technology that has been added to our school. It includes lots of educational apps including brainpop, prezi, and lots more others.

### April Fools By Michelle Han

It was April Fool's Day on 4/1! Many people were tricking each other and playing pranks. Do you know the origin of April Fools' Day which is also known sometimes as All Fools' Day. The answer is uncertain but most people believe that it's a celebration of a new calendar. March 25th to April 1st is the arrival of the new gregorian calendar. The traditional way of celebrating April Fools' Day in France is pinning a fish on someone's back and yelling, "April Fish!" when you succeed.



### Path to Glory: Student reflects on Spelling Bee

### **By Ashley Yeh**

This year fifth grader named Vivian breezed through the spelling Bee and got third place at IBSH. The only word she spelled wrong was "imperil" which she spelled as "imperal". She used spelling city and Merriam Webster to study her words. Vivian also had her brother test her on the spelling list. When asked what her hopes were for the semi-finals, she replied, "I hope I can get a really high place in China". She's a lit-

tle nervous about going to China but she's also excited because her mother's friend is going to meet her there, she can travel to outside of Taiwan, and because there will be a welcome dinner for the contestants which she's looking forward to. We asked her if she likes practicing her words. and she said that it was hard, but she was inspired by the possibilities of going to the US if she gets to the finals. Next time, Vivian decided that

she would study the same way but she could practice more examples of sentences and she thinks she could have improved on the pronunciation.



# **Top Ten Gaming Apps**

By Ben Chou

#1: Minecraft



a game where the land is totally made of blocks. There are no rules. There is no limit of your imagination once you set foot in this game. Fight monsters, survive in the wilderness, or play creative and build with no limit of blocks. Just think of it as digital lego.

#### #2: Clash of Clans



Clash of clans is a game where you build your own fort to defend village. battle with other playonline.Produced by supercell.

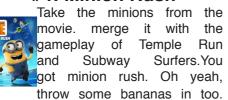
### **#3: Tower of Saviors**

to play this game, you must dissolve runestones to send a attack at the enemy.

to put the rune stones in a row of three of more to fire an at- tack.

characters of the game are from various mythologies and cultures.

#### #4: Minion Rush



#5: N.O.V.A. 3

kill baddies with weapons to get to harder levels. the kill more Baddies with your force powers.



### #6: Subway Surfers



why? because you spray painted a train. collect coins to buy upgrades so you can run from more police. yay.

#### **#7: Blockfortress**

protect your base with the strongest weapons you got. place machine guns to take out the bad guys.



### #8: Candy Crush

match candies up in rows of three or more to earn points. get enough points to get to the next level. if you run out



### #9: Flappy Bird

in this game you attempt to fly the bird through the gaps of the pipes without crashing

This simfrusaddictive. simple conhave

them. into game trating has very If you trols. game

you are lucky because it was removed from the app store. there are still many parodies of the game available.

### #10: Temple Run 2



run away from scary monsters after you've stolen some precious artifacts. try not to suicide.

### 2014 IBSH Science Fair



students Ashley Yeh (1st right), Yun Jung Tseng (2nd right), and Jenny Lee (left) are in the gym presenting their science fair project on how different substances affect how aquatic plants growth.

### Top Five Phones of IBSH Students

By Ashley Yeh & Yun Jung Tseng

#### #1: Samsung From- South Korea



Did you know?-Samsung translates into "three stars." The number refers to power, and the stars represent eternity. Latest Phones-S4 Galaxy & Galaxy Note

#### #2 Apple From- America

Did you know?- The top nine Apple executives make more money 95,000 Apple factory workers in China. once the the US Treasury had money to spend Apple puts new employees on fake projects to see if they can be trusted

Latest Phone- iPhone 5s



#### #3 Nokia From- Finland



Did you know?- Nokia never produced any models in Asia starting with the digit '4' as the number 4 is considered unlucky in major parts of Asia. Latest Phone- Lumia 930, Lumia 1520

### #4 Sony From- Japan



Did you know?- Sony comes from the Latin word sonus, rooted in words such as 'sonar' and 'sonic'. Another contributor to the name "Sony" is an old Japanese expression sonny boy, describing a young person with a free spirit. The new name captured the mood of the company as a group of young people with the drive for creating new electronic products.

### #5 HTC

#### From- Taiwan

Did you know?- The HTC One uses BoomSound, to deliver the loudest, clearest audio on a smartphone vet. Latest Phones- HTC One, Butterfly S, HTC One Mini, HTC M8, HTC X



### Rats on the Loose By Ashley Yeh & Yun Jung Tseng

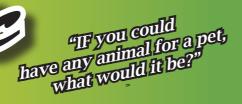
On the morning of May 27th, (the first day of the IOWA tests), 6A students discovered four gray rats in the trash can. Since the rats were there overnight, the trash can smelled absolutely terrible. Anyone within one foot of the trash could smell the stench. Some students were even running around the classroom, screaming their heads off. Two of the hyperventilating students rocketed out of the classroom and alerted Ms. Savannah, who sent for the cleaning lady immediately. While some students nearly sobbed with relief, others shouted, "Why can't we keep these cute little rodents as our class pets?" Together, Ms. Savannah and the cleaning lady brought the trash can outside and draped a trash bag over it. Then they flipped the trash can over. Sadly,



their plan was flawed, and the rats found

an exit. Two rats jumped out and nearly gave Ms. Savannah and the cleaning lady heart attacks. The rats fled into the classroom, and students shrieked in terror, as some of them even jumped onto their chairs, out of the rats' reach. The cleaning lady put an end to one of the rats' lives merely by stepping on it. Most students were horrified and awed. The students wondered how she could possibly find the bravery to sacrifice her shoe just to kill a rat. The second rat was trickier. While the class was taking the IOWA tests, the two ladies went prowling around the room searching for signs of it's whereabouts. Finally, they found the rat behind a backpack and killed it. For the rest of the day, everyone was wondering how the rats got in, in the first place. By the end of the day ,the students concluded that the rats had probably gotten in from the huge hole in cubby five. However, we are not absolutely sure. This is the mystery that still remains.

By Ashley Yeh & Allison Ku **Pictures by Ethan Chiang** 



3A Joseph

I would want one green box tur-

tle in a big tank. I would want this

because they don't eat much

and they are not very loud.



1A: Dong

I would want a huge fluffy red dog because it would look cool. I would also want my dog to have blue eyes because it is my favorite color.



4A Velma

I would want a yellow,green,and blue colored parrot because those are my favorite colors. I would also want a parrot because birds yell when something is near and because it copies what you say.I would feel safer and play with it.



#### 2A Kelly

I would want a white rabbit with pink ears because I like the color white and because normally,rabbits have pink ears. I would also prefer for my rabbit to have brown eyes,be small and energetic.



### 6A Allen

I would want a huge black, white, and yellow coral snake.I would want this because snakes taste good and because when the snake dies, the skin and fangs are useful and I can make money.



**5A Mary** 

I would want a orange and white guinea pig because it is cute.



# **World's Wackiest:** Muggle Quidditch

By Yun Jung



A group of students enjoy an organized game of Quidditch in an open field. Photo courtesy of the New York Times.

sport exists only in the magical win 10 points.) Last but not least, world created by JK Rowling, but is the snitch, (which the Seeker

that just isn't it. In 2005, the students of Middlebury College in Middlebury, Vermont, decided to bring this extraordinary game into our world, or as wizards would say it, the muggle world.

A Quidditch field consists of 6 hoops in total, (3 on each side which the Keeper has to try to

You may think that this into the other team's hoop and

on each group has to catch in order to end the game and win 30 points at the same time.) Since the snitch is a magical flying, tiny golden ball, us muggles cannot possibly create such a thing. Instead. the snitch is sim-

### **Are Sports Important?**

By Maria Park



Are sports important to the human body? Yes, I think so, and I'm pretty sure that you agree as well. Sports are all forms of usually competitive physical activity which, through casual or organized participation, aim to use, maintain or improve physical ability and skills while providing entertainment for participants, and in some cases, spectators. Some people play sports for money and fame, but I think the true meaning is to have fun. Children join teams and make friends when playing sports, and it's just a great thing to know that you have these friends to trust and grow up with. You can also enjoy sports because you know that you are getting exercise, as well as having fun. Exercise is the key to a healthy lifestyle and I think more people should realize that sports are important to our body. In conclusion, sports keep you healthy and fit, so it's important to exercise during all possible times..

Favorite Sports

By Maria Park & Trinity Tremblett

Dockgerous 20%

Social 50% Boskethon 20%

Badminton 10%

Other:

PingrPong 3%

Copture the Flag 1%

Running 2.%

Skating 2%

### **PECULIAR PETS: Sugar Glider** By Allison Ku & Ashley Yeh

Sugar gliders are not only adorable pets, but also friendly. gliders mainly live in the countries in the southern hemisphere. We call these animals sugar gliders because they have a passion for sweet food and because they can glide .These pets are also known as 'pocket pets,' because they are small and like being carried in pockets. This is why many

Sugar glider owners keep them in their hands and feet, they look their pockets. They are about 5-6 They live in trees and are a spe- inches long and weigh around 4-6 cies of small marsupials. Sugar ounces. When they spread out



like a parachute which enables them to float in the air. Another attractive feature in Sugar Gliders is that they have big toes on their hind feet, which helps them have a sturdier grip on branches. This also helps them in gliding and climbing. Sugar Gliders are extremely lovable and social. This is the reason these pets get along well with everyone.

Other 10% SKITTING 1% Hockey 1% ply a tennis ball stop the other team contained in a from scoring into.) Two Dodgesock tucked in the waistband of balls serve as Bludgers, (which the snitch runner. The snitch runthe two Beaters on each side have ner, (also the snitch itself,) is alto use in order to knock the playlowed to run outside of the game ers from the other team off their boundaries, and in some cases, brooms, which causes that player around the whole school campus. to receive a foul.) A volleyball acts As soon as the snitch is out of sight, the command of "Brooms as the Quaffle, (which the three chasers on each team use to score up"is spoken, and the game begins. 

# Pushy Parents







# By Maria Park & Felicia Feng

science!" "Have you done your homework properly?" These are some sentences that students in every school might hear everyday. Are pushy parents good? What do you think? Would you want parents like that? Some students might be expecting to have pushy parents, but some don't want them to be pushy and strict.

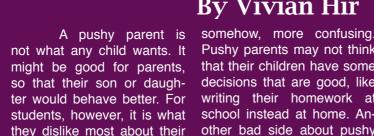
Do you have pushy parents? Some people say about 61% of mothers and fathers encourage their children to specialize in one specific thing. Sometimes you might think your parents are mean to you when they yell at you to do stuff, but it is just for your own good. When you grow up, you will need a career to continue your life.

But, why do people say that pushy parents harm their children? It's because parents push their children in a wrong way. Many parents believe that the more you learn, the better you will be. That's why they force their children to attend different classes to gain more knowledge. Some parents even regard their children as a tool to achieve their dreams. Without knowing what are their children really needs, parents always miss the point.

I think children need pushy parents, because many students are just as lazy as I am so they need to be pushed. If there are no parents pushing them, then they would stay like that and can change your attitudes not improve. Their pushy and all your behaviours.

"Go study math and parents will not help them do everything, but they will teach them and push them.

They do that to help you not to bully you and torture you. If you don't want them to push you, then finish your work quickly then they won't say anything to you be-



parents' attitude. If you are

parent, this article just might



"You're in the 3rd grade now, son, don't you think it's time you starting thinking about college prep courses?"

cause you have finished! If you do a good job on everything then they won't even bother you and that would make NON PUSHY parents!

A child would be spoiled if he/she didn't have pushy parents, and their attitude would stay the same. So if you have pushy parents you have to say thank you to them for educating you, instead of complaining that they pushed you too much!

Therefore ing from today, I will start to work very hard and then my parents can relax and not push me. And I think everybody should do that. In conclusion, I think we need pushy parents because they

explain why. First of all, for children who have pushy parents, home signifies days that pass by hearing their parents, (usually commands on doing things they should do,) with an enforcing and monotonous voice. Saying things like," Do your homework!" The kids will be sick of hearing something so repeatedly and want something new for a change. The second bad side of pushy parents is that it causes their children to create ideas like." Not letting them make a decision they want to make," or," Not having enough freedom." Another example is that pushy parents will not allow kids to stay up late once in a while. The effect will be that the parent/child relationship will be more distant and

being a straight A student, especially in sports. It also makes them more likely to lose than to win. "Parents that push their children too hard in sports, risk the sport losing out on potentially good players.' "I have seen many players reduced to tears by comments from their parents," recalled Sam Ridley, a referee in soccer. In a book called "How Children Succeed", it says that Tiger Mothers (pushy moms) are too pushy, don't pay attention on parental attention, and neglect their children's emotions. Instead, they should learn by mistakes and improving little by little. A way to make parents not pushy is to ask parents to list rules at home for their kids to remember in order to develop those good habits, so they won't have to remind them constantly. The parents should not be bossing they're kids around, but to praise them when they get used to the habit everyday and develop a routine. Parents, if you are reading this, you might understand the key to make your children succeed and not enrage them. For kids, convince this article to your parents, so they won't have to

wake you up by being pushy

By Vivian Hir

Pushy parents may not think

that their children have some

decisions that are good, like

writing their homework at

school instead at home. An-

other bad side about pushy

parents is that it creates a

lot of pressure on kids, like

### Lack of English Books in the Library

By Michelle Han

The lack books English our school library is very annoying. Even to read and we'll be though our school library has 2 floors, English books don't even take up half of it. This isn't verv fair because we need books to read too. This is a problem to everyone

of when teachers ask in us to read silently, we won't have anything

more on books, please turn to page 14!

all bored and everything. This is a problem to teachers behave to spend money.

cause when they ask us to read, we can't without any books and we might be kinda noisy and then they will get annoyed. Last, this will be a problem to parents because when students don't have books, they'll ask their parents for books and then they'll



### Please Say Goodbye to Valentines Day

Heart-shaped chocolates and red-colored balloons are given to the lovers who kiss it goes on. If this go on each other on Valentines Day. What is the meaning behind all this? There is no meaning because Valentines Day has too much kissing. Another reason why to be celebrated on Valthere should not be Valentines Day is because love should always be celebrated, not only Valentines Day. The last reason why there should not be Valentines Dav is because it is insensitive. This is why there should not be Valentines Day.

kissing, it may harm a other. What about people child's mind and influence a child's behavior. This means that children areas, and when they lonely and depressed.

grow up they might kiss in public areas and teach vounger children and so and keeps on spreading, the world will be filled with kissing. Too much kissing is bad is because it may spread germs.

Do love only need entines Day? You should always love someone even if it is not Valentines Day. If it is not Valentines Day, it doesn't mean that you can't love someone either. Love should be celebrated all year long.

Valentines Day is for couples to brag about If adults keep on how much they love each who don't have anyone to cherish? Valentines Day should not be celeor babies will think that brated because people you can kiss in public who are single will feel

These people will stay home and watch movies while eating popcorns and getting fat. Also, it ruins people self-confident. If lots of people feel sorry for themselves, the whole world will be a dark world to live in.

**By William** 

Wang

In conclusion, Valentines Day should not be celebrated because it has too much kissing, love should always be celebrated, and Valentines Day is too insensitive. If Valentines Day is gone, people will have more time to focus on their jobs, have confidence in themselves, and they will cherish their loved ones every single day. This world will become a very happy and delightful place.

This is why there should

not be Valentines Day.

The Lemur is a publication produced through a weekly after school journalism program consisting of 12 IBSH sixth graders, founded by parents and operated/ taught by Mr. Stephen Cravak. In addition, Mr Cravak also teaches an additional internship course for fifth graders interested in honing their journalist skills The Lemur is funded by the parents and community sponsors, and is not officially affiliated with the International Bilingual School at Hsinchu-Science-Park Concerns and inquiries should be sent to MrCravak@gmail.com

**Editor In Chief** Ashley Yeh

**Copy Editor** Yun Jung Tseng

#### Lemur Staff:

Evan Cheng, Ethan Chiang, Gabriel Choi, Ben Chou, Michelle Han, Annie Geng, Allison Ku, Katherine Li, Maria Park, Trinity Tremblett

### **Contributing Interns:**

Katelyn Chen, Felicia Feng, Vivian Hir, Annie Pao, William Wang

### **Advisor:**

Mr. Stephen Cravak











Graduation is not the end;

it's the beginning. ~Orrin Hatch

### A Memorable Graduaton Trip

### By Katherine Li

is one of the 6th graders' dream. juniors and seniors, how happy they get to go to their own graduation trip. So the parents decide to grant it, and bring them on the trip, this is how the journey begins!

On April 26th, buses arrive at IBSH. The reason is because one of the grades students are going on a trip, and it is 6A and 6B. The two buses are settle down in bus A and bus B.6A and 6B students meet in front of the front gate, parents checking attendances, making sure that no one is missing. On bus A, they meets ms. Leave and on bus B they meets mr. Green Bean, ms. Leave and mr. Green bean are the special guide for the 6th graders. After a while, they finally arrived at the location for the trip, they quickly get into a room with a.c. in it. There they meet mr. Show, the judge for today's activities. The guides order them to change into army clothes, some were extra large size. Before the activities start, they all have to keep on dancing and dancing, and there is a rule that whoever dances the best, get ton of points. After the dancing parts, they conis harder and more dangerous than all the others. There is rock climbing, vertical jumping down, walking on a large spring, and

Going to the graduation trip sliding down from the top. Even though it is dangerous, but all 6A They have always look up to the and 6B students are brave enough to try all these challenges. Indeed they all enjoyed it a lot, they all wanted to try the second time. After playing, they have barbie cues for dinner. Every groups are busy cooking, preparing utensils, and putting on sauce.At last, guess what is after dinner? Bed time! Every group is ready to sleep on the bed in each room.Guides ask them to one by one to go to their rooms, firstly shower. But they only have 1 hour for each group to wash, so some people didn't wash their hair and some people didn't dry their hair. We all gather when it was 10:30, at the room, and settle down. And since it was at night, the guides pass every students a sparkling stick The sparkling sticks are for you to wave it, so they did as they were told. When it is 11:00, they were able to go back to their room and sleep. But just as we expect, most of the students slept when it was 12:00 p.m.~ 2:00 a.m., some were good kids, and slept in 11:00 p.m. The second day was just mostly about games. Students have to get up at 6:10 a.m. to brush tinue the outdoor activities, which their teeth, comb their hair, o fold their blanket. They have meet at the meeting or ceremony room at 7:00 a.m. Since they have to eat breakfast, they

### Fears and School Middle

By Yun Jung Tseng

& Michelle Han

Hopes for

### Allen Lai 6A

Allison Cheng 6B



nese, and I hope the school lunch will become better. I am afraid that the subjects will be harder and the teac ers, stricter.

'Hopefully, the clubs will make seventh grade funner. (Her words, not mine) I'm afraid that seventh grade will be harder."



### What's the difference between 6A & 6B?

### Mr. Marais "6A is calm and 6B is more excited. **Both classes are** quite similar. 6A is better at listening to teachers than 6B."



### What was your favorite part of the **Graduation Trip?**



Yvonne Kuo 6A "The activities were fun but I didn't like wearing the army uniform."



Andy Cho 6B "Really tiring because of the activities and the lack of sleep."



Julia Chang 6B "I thought it was fun."





# Latest Books By Ashley Yeh

### **City of Heavenly Fire**

### **By Cassandra Clare** Jace. Clarv and all

the other shadowhunters are trying to defeat Clarv's



bastian. Clary can't stop Sebastian then the world will

end. And nothing in the world can defeat him expect for Clary. This is the last Mortal Instruments book. It is a must-read!

I Say Books

By Allison Ku

### The Blood of **Olympus** By Rick Riordan

Percy, Annabeth, -Frank, Hazel, Piper, and Jason are on a quest to defeat Gaea. Gaea is relying on her giants to bring two demigods to Athens by the Feast of Spes,so they can her.She THE BLOOD

ficed to of of OLYMPUS d e m i she awaken The sevgods are also wor- RICK RIORDAN ried about camps

because Camp Jupiter is preparing for war with camp half-blood. Only Athena Parthenos can possibly stop the camps from war. The seven mst go to Athens and defeat Gaea once and for all even though they may not survive. This is also a must-read book!Packed with action and suspense.

### The One By Kiera Cass

America Singer is in a competition to be the next next princess of Illéa. The competition has almost ended and America

still doesn't know what previous books she was trying decide KIERA CASS b e t w e e n

Aspen(her first crush) or prince Maxen.She has finally chosen who to be with and she will fight for what she wants. Find out who she will choose in the last book of The Selection series.

### I Say Movies By Maria Park

While some may think watching movies visually is better than your own imagination, I think that is wrong. I think that being imaginenative is better than visually seeing things. This is why I would prefer books than movies. When you read a book, you can imagine what the characters look like in your own imagination, but if you watch a movie, the characters are right there in front of you, and you won't use your imagination or it wouldn't be how you pictured. I also think that feelings that a character is feeling is important because you would know what a person is thinking if you read it. On the other hand, when you look at a movie, you would probably have to guess what that character is feeling. This is why I would choose books rather that movies.

Why read when you already have the movies? Movies are definitely better than books. It's fun to watch movies. Plus books might can't tell you how the characters feel. If you watch it you could understand what the character is doing and how he or she feels. In facebook a group called Why read when you can watch movie said that, "I think reading is boring and movies are fun because you don't have to look at words the whole time you can look and people and stuff." I personally think movies are whole lot better than books! Books are boring indeed. It can also let you fall in sleep. Books are also a waste of paper, 30 million trees are cut down annually for the books sold in the U.S. You can just watch movie and understand the story, you won't have to go buy expensive books and waste your money! It's my opinion though. The article's point is to persuade you and convince you that you don't really have to read books if vou have movie. You should think about it!

### **IBSH Students' Favorite Ty**

fiction

From Books

How They're Made

ing a movie is to make sure the genre of the book they want to

make into a movie. After that is

done, the moviemakers have

to decide on the theme or plot.

The moviemakers then creat

the script, draw out the

ic organizers of the

in the movie, cast

look for the location

the movie will be shot.

test the equipment, and

not least, pick out cost

and makeup for the ac

The next thing to be done

to film the movie, (somethin)

that takes months, or even

year to finish at times,) bring

the footage onto the computer,

(where the photos/production

shot will be uploaded, edited,

and the sound effects would be

added.) The final thing would

be to create titles and credits

The first step to mak-

to Movies

By Yun Jung Tseng

of Books was you do years dd

m Amelias. leusden and I'r really theto read ravel books and lifestories Do you 300 trosku Road the to read ) Happy Hsinchu 30070 Taiwan R.O.C.

Post (ARD)
Want to exchange postcards across the globe? Ask your parents for per-

POSTCROSSING

and Brazil, with new ones arriving each week.

The Lemur staff sent postcards to China, USA, Germany, Netherlands, Russia, Poland, Ireland, South Africa, and the UK. In return, they have

received postcards from Finland, Netherlands, USA, Russia, Germany,

mission and then go to postcrossing.com to setup an account!





for the actors and movie crew.

By Annie Geng

all juicy red/green colored fruits. But, have you ever wondered how much calories are in a medium sized apple? In fact, it only contains about sius. Anyways, just remember that 80 calories! Which is only about % of our daily diet (normally 1,700

for children, but it depends). However, that \_\_\_% doesn't cover all of us. You might need a different amount of calories, depending on vour gender, weight, genetics, amount of

activity, and others. On

the other hand, what is a "calorie", anyway? "Cal" (large calories) and "cal" (small calories) are different, and 1 Cal is equivalent to 1,000 cal. The difference is basically one with

Apples, as we all know, are a capitalized C and one without. But scientifically, a Calorie is the amount of energy needed to raise a kilogram of water through one degree Celthe ones we commonly use on food labels are large calories. However,

> don't care that much about how much calories vou are consuming, because it is just a number that helps you keep track if you are on a specific diet, or just simply wants you to take

down bad eating habits. Therefore, don't get insane about how many calories you would need, just eat regularly and stop when you're full.



Dear Cassandra. What should I do when I can't fall

- Sleepyhead, 8, IBSH

Dear Sleevhead.

When you can't fall asleep, you should try drinking a glass of warm milk. Milk is source of tryptophan, an amino acid that your body converts to melatonin and serotonin which helps you sleep. Also, you can eat a lot of turkey because turkey contains tryptophan as well.

Dear Cassandra, I can't stop eating junk food. What should I do? - Junk King, 11, IBSH

Dear Junk King,

Eating junk food all the time is a bad habit and bad habits are hard to break. When you try to not eat junk food for one day you might fail or succeed but you'll be really cranky. You have to be sure what you're going to be giving up exactly and what you're going to use to replace that food. You can eat healthy snacks instead of junk food and if this doesn't work, you might as well just go to sleep and you won't have to eat anything.

Dear Cassandra, I'm tired of being so short. How can I grow taller? - Shortvhead, 9, IBSH

Dear Shortyhead,

You won't grow much by doing things because your height is mostly determined by your genes. It might help a little bit though if you eat a balanced diet, exercise a lot, and sleep at least hours a day. ALso, if you have a good posture, wear tighter clothes, wear clothes with a dark color, and clothes with vertical

By Michelle Han

# **Should Students Diet?**

YES by Maria Park

Should children be on a diet? I think so, if the person is fat or weighs too much or even over! There are many people like that in the world. It's not only for children but also for adults too. But if you're in good shape, you're ok, you don't have to be on a diet. It will be very difficult to be on a diet, but if you weigh too much you will have to. I highly recommend those fat people to be on a diet. A healthy diet may improve or maintain optimal health. Why is a balanced diet important to children? A balanced diet means that the main groups of food must be present on a daily basis. So diet is important to everybody.

NO by Yun Jung Tseng

"You are who you are, not what you do." This quote applies to one's weight as well. You are who you are, and you should not change that by dieting. If you really do dislike how you look, exercising daily is a way better decision. Dieting is useless if you do not exercise, (not that I even support dieting itself.) Kids who want to look thinner should talk to their doctors for advice. Their doctors would most likely suggest vitamins that help. Also, students are still growing. If you start dieting at this age, you will grow up to be very short. These are the rea-

sons why kids should not diet.

## **Different Types of Science**

ByAnnie Geng and Ashley Yeh

Biology:

the study of living things.It studies living things such as plants and animals and studies how living things act. Biology consists of many different types such as Anatomy, Biochemistry ,Bioclimatology, Cell biology, Ecology, Freshwater Biology, Geobiology, Marine Biology, Microbiology, Molecular Biology, Neurobiology, Parasitology ,Pathology, Ethology.Some of the most famous biologists are David Baltimore, Rachel Carson.Alfres Russel Wallace.-James D. Watson, Charles Darwin, Robert Brown.and Antonie van Leeuwenhoek.

Microbiology:

the study of microorganisms. Microbiology helps us learn more about viruses, cloning more complex organisms, and about our daily food productions. There are several types of microbiology ,some include Bacteriologists, Virologists Mycologists, Protozoologists, Epidemiologists, and Immunologists

Palaeontology:

the study of prehistoric life using fossils. It is similar to biology and geology but they don't study ancient humans. They only study the ancient animal life and the ancient climates. Micro Paleontology,Paleobotany,Palynology,Invertebrate Paleontology, Vertebrate Paleontology, Human Paleontology (Paleoanthropology), Taphonomy, Ichnology, and Paleoecology are the different types of Palaeontology.

Zoology:

the study of animals. They study stuff like animals' habitat, classification, and the history of evolution. Also Conrad Gesner, born in 1516, was thought to be the beginning of zoology because of this: Historiae animalium. A few different types of zoology include Entomologists (study insects.)Herpetologists (study reptiles and amphibians, such as snakes and frogs.) Ichthyologists (study fish.)Mammalogists (study mammals, such as monkeys and bears.)Ornithologists (study birds.)

Pathology:

the study of diseases and their causes. There are so many different types of pathology, but they mostly study about what the diseases are made from. Anatomical Pathology [Histopathology / Cytopathology], Chemical Pathology , Genetics Haematology ,Immunopathology, and Microbiology are types of pathology.

Oceanography:

the study of marine creatures. Oceanography studies things like the ocean currents, the ocean floor, and some of the marine life. Some types of oceanography are biological oceanography, chemical oceanography, physical oceanography, and geological oceanography. Famous oceanographers include James Cook ,Matthew Maury ,Charles Darwin ,Fridtjof Nansen ,William Beebe,Richard Byrd ,Jacques Cousteau, Jacques Piccard Robert Ballard, and Sylvia Earle

By Evan Cheng

Germs. Germs? GERMS! No matter how you say the word "germs", it justs sounds... well... germy. When thinking of the word "germs" what do you think you usually think of? Most people would probably think that a germ is a microorganism that is disease-producing and such, unless if you are a germ, then you wouldn't even be thinking about this. Germs, such as bacteria and viruses, can inflict a lot of damage to your body just by making you sick. And if you're a germ-hater, then people can understand why. But does that make them all evil and gory? If you said yes, then you're not even close. Germs can actually be very helpful. They could help your stomach digest your food by breaking it down, or help a cow break down its food in its stomach.

If you want to prevent these germy germs, then listen up (or pay up)! First of all, remember to use soap to wash your hands. And if you're wondering why you should you soap, then here's your answer. It. Kills. Germs. Or if you don't like soap (because you had some bad experiences with soap, like slipping on a bar of soap and then swearing), then you could always use hand sanitizer which kills about 99.99% of the germs on your hands (or are they lying?). But Beware! There's still about 0.01% of the germs on your hands! And don't you dare think that won't make you sick, because it probably won't. Being paranoid in this situation may save your life, but can range from 1-100 on someone's obnoxious scale, and 1 being the least annoying and 100 being Just kill me now based on your actions. You will most likely get 1 if you just do what everybody else does and wash your hands. And you will definitely (a solid has definite shape and volume) get 100 if you wash hands every 30 seconds.

Doing these two professional procedures, you will definitely survive the germy apocalypse. Or maybe? Since some humans (and don't tattle on me because I know you might be) are lazy (and crazy), they will only rinse their hands with water and forgetting the soap. Or not even washing their hands at all. This proves to be a fatal mistake. Bacteria and viruses would then continue to multiply on your hands! (By the way, do you know your multiplication tables? No? Well then, you better get to it!) "But I don't see them on my hands!" Trust me, they're there. Now enough squabbling. Scientists continue to presume that viruses aren't actually alive since their genetic structure lacks some things. (Are you curious? Then go ask Curious George.) Bacteria on the other hand, are very much alive.

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1. Prepare two medium sized bowls, Elmers glue(or any type of PVA White Glue),food coloring(optional),water,and

2. Take one bowl and mix one cup of water and one teaspoon of borax until the borax is dissolved.

3.In another bowl, put as much glue as you want into the bowl and put food coloring if you want.

4. Start pouring the borax solution into the other bowl until the borax solution covers the glue.

5.Mix it for at least one minute.

6. Take the slime out and play with it until it gets less sticky.

# Wears IN





**Percy Jackson Divergent Hunger Games** 

BOOKS

39 Clues **Twilight Harry Potter** 

Samsung **Apple** 

**ELECTRONICS** 

HTC **Nokia** 

Chips Candy STACKS

**Crackers** Goldfish

cats & dogs hamsters guinea pigs

turtles & fish snakes PBINS lizards

jean shorts dresses t-shirts

jeans CLOTHING **sweaters** long-sleeve shirts





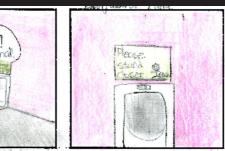
**Tangled Hunger Games** 



# 



Please Stand Closer





By Ben Chou

Staring Contest By Katelyn Chen









Positive: The Divorce







By Vivian Hir

By Annie Pao

3 hr. later 📆

The Hamster Loop

